

BOWNESS AND WINDERMERE FORWARD

BUSINESS SUPPORT

Where to find the right guidance and financial support for your business. Information from local, regional and government organisations

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SCHOOLS TO OPEN 1ST JUNE

Nursery, Reception, Year 1 and Year 6 able to return to school. What measures are local schools taking to support childrens return?

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HELPFUL LINKS FOR LOCALS

From take-aways to business grants, food bank opening times and ways you can help too. Bowness & Windemere Forward have it covered

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A TEMPORARY QUIET FALLS OVER CUMBRIA

Our towns are reliant on tourism. The visitor economy counts for 65,000 jobs, and £3billion for the Cumbrian economy. It may seem counterintuitive for the organisations usually promoting our area overseas and at home to be sending a message to stay away. But for now though they are having to do exactly that. Putting the safety of our NHS, local people and local services as the priority is the right thing to do and whilst there have been some who believe we should be encouraging visitors, the majority of people appreciate the difficult decisions that Cumbria Tourism, Cumbria Police, Lake District National Park and others are making.

It won't be forever, and there are already plans being made for how we can encourage people back to our beautiful area once it is safe to do so.



HEALTHY BODY HEALTHY MIND

Looking after your physical and mental wellbeing is more important than ever. Thankfully here in Windermere and Bowness there are plenty of spaces we can easily access to enjoy fresh air and nature. Keeping active is key for body and mind, and there are some great local fitness aficionados working their socks off to keep us moving too.

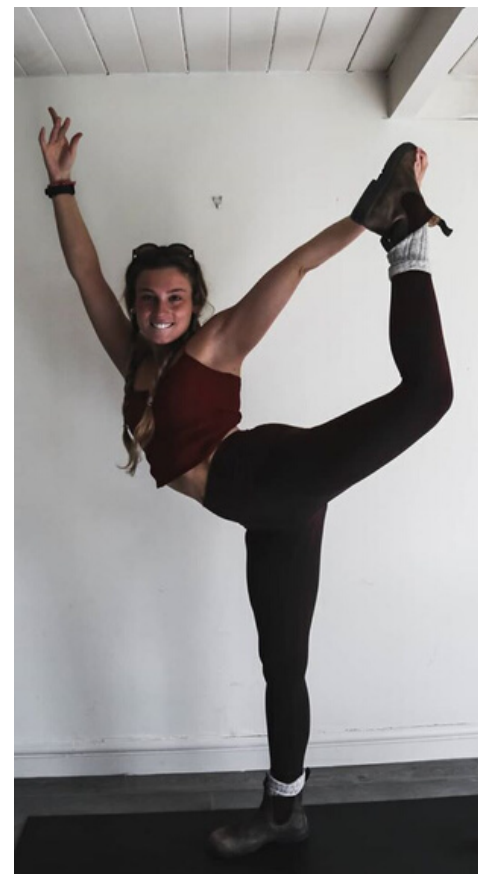
Susie Anton has been holding daily exercise classes live online with each day focusing on a different body part. Stride & Edge are doing incredible yoga classes and are a brilliant example of an up and coming young business and Jo Andrews is also keeping us active with her Zumba and Pilloxing sessions. All these fab women have been sharing their expertise for free or a small donation. Check out their Facebook pages for more information on their next sessions.

STAYING SAFE

The current government guidelines mean you must:

- stay at home as much as possible
- work from home if you can
- limit contact with other people
- keep your distance if you go out (2 metres apart where possible)
- wash your hands regularly
- do not leave home if you or anyone in your household has symptoms.

[CLICK FOR GOV.UK](https://www.gov.uk)





CHAMBER OF TRADE NEWS



Bowness & Windermere Forward's Vice-Chair Adrian Faulkner is also Secretary of our local Chamber of Trade.

Throughout the current Coronavirus Pandemic the Windermere & Bowness Chamber of Trade have been keeping their members and the business community at large up to date with the various government grant schemes available both for the self-employed and limited companies. These businesses cover all the business sectors in Bowness and Windermere. More information is on the Chamber of Trade's Coronavirus webpage - wbcoft.org.uk

There is also information regarding the South Lakeland District Council and Cumbria County Council led grant schemes together with the latest transport updates.

It is hoped that this information has been of help in enabling businesses to access funds to help see them through these particularly hard times until they are able to 'throw' their doors open to the public and start trading again!

BUSINESS HELP AND SUPPORT

HELP US HELP YOU ON THE OTHER SIDE

Whether you are a business owner, employee or a customer it is impossible to ignore the devastating impact that Covid-19 has had on local businesses. From the big boys to the one-man-bands and everything in between there hasn't been a sector unaffected. Thankfully there is lots of help and support out there, for instance LA23NETs are currently free and have been connecting 100+ businesses and discussing the big issues - visit la23net.co.uk to find out more. Also, Bowness & Windermere Forward summarise the salient points and links to support and available grants each week. Simply sign up to our newsletter at bwforward.org.uk to receive it. Bowness & Windermere Forward have also been asking local residents and business owners for their thoughts, ideas and concerns for 'the other side'. The responses so far have been interesting with businesses looking to see a combined approach to marketing the area to UK visitors initially. Public realm issues such as better toilets, a crossing to Quarry Rigg, and the Lake View building being cited an eyesore by locals and visitors alike are points cropping up so far. What do you think?

**CLICK HERE TO SHARE
YOUR THOUGHTS**



OUR HEROES

THANK YOU KEY WORKERS AND COMMUNITY STARS

Clapping at 8pm each Thursday has not only helped us appreciate those who have kept things moving but has brought us closer to our neighbours too. In fact whilst the Lockdown has thrown many challenges our way there have been plenty of positives, and top of the list is our unshakeable community spirit. People across both towns have been supporting each other, helping each other and looking out for each other more so than ever before.

Even VE Day weekend was made special for people who couldn't get out thanks to Lamplighter and the Windermere/Bowness Community Support Group. Together they and an army of volunteers delivered afternoon teas and big smiles!

Leonard Cheshire Holebird staff have not only been keeping their residents healthy but keeping them happy too by holding a socially distant Isolation Beach Party.

There are so many wonderful examples of local people, businesses and organisations helping out and we'd love to share some of them so feel free to share them with us for future editions.



**CLICK HERE FOR LOCAL
COVID INFO FACEBOOK
PAGE**

THANK YOU

The Windermere/Bowness Self Isolation Facebook page have been compiling a list of local heroes. Let's keep adding to it!

Shaun & Toni Stafford
Nigel & Windermere Post Office
Windermere Food Bank
Lamplighter Bar & Restaurant
Ashdown Jones Estate Agents
Little Chippy Windermere
Bowness & Windermere
Community Care Trust
Andrew, Simone & Beth
Backhouse
James & Alistair Tasker
Lake District Radio
Paul Kendal
Wayne & Josephine Dicksbury
Richard Glenister
Sarah Unwin
Jonathan Mullen
Mark Dand
White Cross Bay
Carter's Chemist
Windermere Lake Cruises
The Bath House
Lynn Gray
Flock Events & PR
Bargain Booze, Bowness
Roger Bottomley
Stephaney Brumble
Gerry Mahoney
Oakhill Vets
Aynsley Elizabeth Glanfield
Fiona Wilkinson
Happy Carol!
Bluebird Cafe
John Wesley Murphy
Lakelovers
Mark Wenlock (DJ Locky)
Trac'e & Tracy
Lucy Nicholson
Jason Turner
Lisa Rollins
Jo Ireland
The Brown Horse
Marina Davies
LAMRT
Bridget Slater Wood

**CLICK HERE FOR THE
ISOLATION FACEBOOK
PAGE**



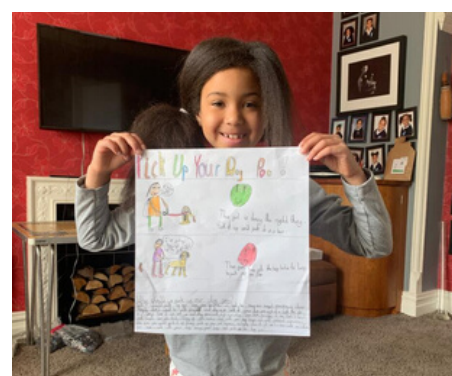
CAR PARKING, LOOS & OUR PUBLIC SPACES

South Lakeland District Council have shared the following information. The public jetty, public slipway and public toilets at Ferry Nab, Bowness have now re-opened in line with latest Government guidance. All council-managed play areas are closed, although parks will remain open for fresh air and exercise in line with government advice.

Car parks operated by SLDC outside the Lake District National Park continue to be free of charge to ensure key workers and volunteers involved in the Coronavirus response can access parking and to minimise the risk of virus transmission. Charges have been reintroduced on all SLDC operated car parks within the Lake District National Park as part of a co-ordinated response with other car park operators in the national park to manage the expected numbers of visitors travelling to the Lakes now that travel restrictions have been eased.

There are strong local opinions to the lifting of travel restrictions for exercise and our area clearly remains a popular location for people to visit. The messaging from local organisations and our local MP Tim Farron is currently encouraging people to visit us at another time but many people are still choosing to exercise here so please apply caution when you are out and about and follow the social distancing and hygiene guidelines.

Windermere Town Council confirmed that their public loos will remain closed for the time being. This difficult decision was made so as not to encourage people to travel here from long distances. As with all decisions these are being regularly reviewed and discussed.



BACK TO SCHOOL

Nursery, Reception, Year 1 and Year 6 children are able to return to school from June 1st. There is currently no announcement yet for secondary schools.

Our local primary schools have been reviewing their working practices to make returning as safe as possible. Reduced class sizes, staggered start and finish times, and for some the return will be for just one day a week to begin with. These are just some of the measures being taken and each school is having to find their own new ways of doing so. We've shared links to our local primary and secondary schools below so you can find out more directly from them.

The government have also stated that they will not issue fines if parents choose not send their children back yet.

GOODLY DALE

ST CUTHBERT'S

ST MARTIN'S & ST MARY'S

LAKES SCHOOL

WINDERMERE SCHOOL

HELPFUL LINKS FOR LOCALS

FOR RESIDENTS AND BUSINESSES

The Emergency Support Helpline is continuing to provide support for people at high risk of becoming seriously ill as a result of COVID-19, and who do not have support available from friends, family or neighbours. How to contact the Emergency Support Helpline:

Phone - **0800 783 1966**

Monday to Friday 9am to 5pm and 10am to 2pm at weekends.

Online - COVID-19 online support form is available at South Lakeland District Council

Email your request for help to
COVID19support@cumbria.gov.uk

Bank Holiday Monday, 25 May, the helpline will be open from 10am to 2pm.



FROM THE CHAIR

SOPHIA NEWTON

The last time I was writing this we were gearing up for a busy year ahead. Bowness & Windermere Forward were starting work on projects such as creating a brand for our towns and creating a Friendly Fells & Lakeside Trails project in partnership with National Trust and Lake District National Park. Now we're sending out weekly emails with Coronavirus information and support to our local businesses and working on ways we can support Windermere and Bowness as restrictions are lifted.

Covid-19 has impacted all our lives and businesses in ways we never thought possible but it won't be forever. Between now and then there are many challenges we will need to overcome and I encourage people to keep communicating, collaborating and community-ing.

I'd love to find out more from you about how Bowness & Windermere Forward can support you on the 'other side' so please take a moment to complete our survey on page 3.

Until then Janett and I will continue to support our area both with our volunteering here for Bowness & Windermere Forward and our free community and business events such as LA23NET, our Doorstep Discos and our Content Cafe. Here if you need us - chair@bwforward.org.uk

SUPPLIES & TAKE-AWAYS

WELFARE SUPPORT

BUSINESS GRANTS

BUSINESS LOANS

BIN COLLECTIONS

REGISTER TO VOLUNTEER

BWFORWARD.ORG.UK